

APRIL 2 2026 FATHER HENK VAN MEIJEL

The washing of the feet is so central of our faith, to be servants of others. And in Jesus' time, as everyone walked, most people walked on bare feet. The servant of the house or the slave of the house would wash the feet of any visitor. And so, Jesus turns this culturally around, and he washes the feet, becoming the servant of all.

And this is our Easter journey, to become servants of all, as we celebrate that incredible miracle of the Resurrection in a few days from now, on Easter Sunday.

In the second reading of Corinthians, St. Paul is recalling the institution of the Eucharist, the bread becoming the body of Christ, and the wine becoming the blood of Christ, which we consume each Sunday, or, preferably, each day, many of us, of course, each day. And this is so instrumental to become servants of God.

The more we consume the body and blood of Christ, the more, hopefully, we also become more Christ-like, and the more we are people for others, and it's as simple as that.

And in the first reading of Exodus, we have that recalling of the great Exodus from Egypt, that sacred meal they had before the Exodus, that they marked their houses, "I am a Jew," and they literally marked the lintels of their houses with the blood.

We carry, most of us carry, a crucifix, to say, we are Christians, we belong to God, we do not belong to the world. And so, it is so important to be people of the Eucharist and to live out the Eucharist, and not to be ashamed of being a Christian, not to be afraid to show it as we go out in public places, as we sit in a restaurant, to make the sign of the cross before a meal, and bless the food, and bless the people who have made the food with their loving hands. It is so important to do.

In the psalm, as we shared the refrain, “The cup of blessing that we bless is a sharing in the blood of Christ.” We want to share in the blood of Christ, we want to be Christ-like, and we want to be people of Christ in our families, to be that sign for those who have walked away from the faith, those who are still searching, those who want to come closer to Christ.

It is a journey.

And so, again, this Triduum, we renew our faith in Jesus, and especially on Sunday, Easter Sunday, that we really celebrate the Resurrection of Christ, which we actually celebrate every Sunday. But it's so important to realize that we are people of the Eucharist.
Amen.